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7

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1

Wise Bunty

Sense of Discrimination of Good and Bad

**Time to Link****A. Answer the following questions:**

- (1) Bunty's parents advised him to do the right thing and take a morally correct decision.
- (2) Bunty found a beautiful gold pen lying on the floor during the recess.
- (3) Amol asked Bunty to keep the beautiful pen that Bunty had found.
- (4) Bunty returned the pen because he remembered his parents advise of doing the right thing.
- (5) Bunty was happy about the decision he took because he felt he had done the right thing.

B. Complete the following:

- (1) always think of how would you feel, if it happened to you.
- (2) and strength takes the right decision.
- (3) return it to the owner. (4) to the teacher.
- (5) the right thing and was proud of it.

**Think and Answer****Discuss and answer the following questions:**

- (1) From this story we learn about doing the right thing by discriminating between good and bad.
- (2) People who do the right thing are respected because they are strong and courageous.
- (3) When you think about how would you react if the same thing happens to you, it helps to discriminate between good and bad.

- (4) A person should always tell the truth so that he/she has a clear mind.
- (5) It is important to choose between good and bad because that is what makes a good person.

**Enrich Yourself****What can you do in the following situations?**

I would inform the referee.



I would show my report card to my parents but promise them that I would score well in the next exam.

2

Kind People

Consideration for Others

**Time to Link****A. Answer the following questions:**

- (1) Consideration for others refers to the basic need of the society to make life fair.
- (2) Rani showed her consideration towards the little lost girl by taking her to the nearest police station.
- (3) Mrs. Usha took her helper to the doctor because her helper had high fever.
- (4) The bank showed sensitivity towards the physically challenged people by installing a small ramp for easy access.
- (5) Yes, Ahmed's action was considerate and kind.

B. Say True or False:

- (1) False (2) True (3) False (4) True (5) True

 **Think and Answer**

Discuss and answer the following questions:

- (1) From this story we learn to be kind and considerate towards others.
- (2) Being considerate is important because it brightens up someone's day.
- (3) You be considerate towards another person by trying to be in their situation.
- (4) One shouldn't judge another person because you never know what is happening in their lives.
- (5) When people are kind and loving towards the ones they benefit from, that is a wrong attitude.

 **Life Skills**

Circle the values that make a person considerate.

- EMPATHY LOVE KINDNESS HUMOUR
- ANGER DISCIPLINE THOUGHTFUL COMPASSION
- HELPFULNESS SHARING ETHICS IRRITATION
- UNDERSTANDING

 **Enrich Yourself**

What will you do in these situations?

- (1) Help grandfather in searching his hearing aid.
- (2) Ask mother to rest and do the dishes ourselves.
- (3) Help the friend carry the books home.
- (4) Get up and offer the seat to the old lady.

3 **A Candle that Lit the Darkness** Universal Love!

 **Time to Link**

A. Answer the following questions:

- (1) Florence Nightingale aspired to be a nurse.
- (2) Nursing was looked down upon in those days because nursing wasn't meant to be a profession for gentle women.
- (3) Florence Nightingale went to Germany. She improved the conditions by cleaning the hospital from ceiling to floor.
- (4) In Scutari, Florence Nightingale changed the set up of the hospital and set a kitchen and a laundry.
- (5) Florence Nightingale published the book, 'Notes on Matters affecting the Health Efficiency and Hospital Administration of the British Army.'

B. Fill in the blanks:

- (1) Universal (2) stunned
- (3) statistician (4) Lady
- (5) honourable profession

 **Think and Answer**

Discuss and answer the following questions:

- (1) From this story we learn to show universal love.
- (2) Universal love is an expression of love relating to the whole mankind or of nature.
- (3) Universal love is important because it makes the whole world happy.
- (4) Everyone can work hard and do small deeds to help others.

- (5) Universal love benefits others by restoring faith in humanity.



Life Skills

(To be done by students.)



Enrich Yourself

(To be done by students.)

4 Mind Your Words Self-restraint



Time to Link

A. Answer the following questions:

- (1) The action of controlling emotions and behaving positively even when things aren't going too well is called self-restraint.
- (2) Yusuf lacked self-restraint.
- (3) Yusuf's mother always advised him to be careful with his speech.
- (4) Yusuf understood the importance of self-restraint.
- (5) Self-restraint helps one to control on undesired reactions.

B. Fill in the blanks:

- (1) rude (2) amends (3) wise
(4) nails (5) keys, heart



Think and Answer

Discuss and answer the following questions:

- (1) From this story we learn to control our actions and emotions and behave positively.
- (2) Self-restraint is necessary because it helps us in keeping control over self and emotions.
- (3) If a person who loves to eat doesn't show any self-restraint he will tend to over eat.
- (4) Yes, it is correct to have the quality of self-restraint.
- (5) Self-restraint helps us to progress in life if we be patient, kind and does not let our anger and frustration be known.



Life Skills

• Describe the given qualities in a line and explain why they are important for self-restraint.

- Balance - Rift between siblings.
- Calmness - When parents scold at us.
- Determination - Good ranks in sports.
- Confidence - Participating in competitions.
- Willpower - To give up bad habits.



Enrich Yourself

(To be done by students.)

5

Never Stop Learning

Quest for Knowledge



Time to Link

A. Answer the following questions:

- (1) The want to learn more and know more about things is quest for knowledge.
- (2) When an apple fell next to Newton, he was curious to know, what pulled the apple towards the ground. This is how he then discovered gravity.
- (3) When Edward Jenner learned that people did not catch smallpox he took fluid from a cowpox blister and fed on the skin of a boy with smallpox, he soon recovered. This is how vaccine was invented.
- (4) The smallpox vaccine was so successful that the disease has now been eradicated from the world.
- (5) Alexander Graham Bell invented the telephone.

B. Choose the right answer:

- (1) a. They are curious.
- (2) b. An apple fell near him.
- (3) a. A deadly disease.
- (4) a. Milkmaids who had contracted cowpox were not affected by smallpox.
- (5) b. Make people's life simpler and makes the world closer.



Think and Answer

Discuss and answer the following questions:

- (1) From this story we learn that curiosities lead to a greater mind.

- (2) It necessary to be curious for the progress of mankind.
- (3) Quest for knowledge helps mankind solve their issues.
- (4) The internet made things easy by making available all answers online.
- (5) No, it not important for only scientists to be curious.



Life Skills

(To be done by students.)



Enrich Yourself

Write the inventors / discoverers next to their inventions / discoveries.

- | | |
|--------------------------------|----------------------------|
| (1) Isaac Newton | (2) Alexander Graham Bell |
| (3) David Alter / Samuel Morse | (4) Marie and Pierre Curie |
| (5) Benjamin Franklin | (6) Mark Zuckerberg |

6

Happy Animals

Kindness to Animals



Time to Link

A. Answer the following questions:

- (1) Mitu always care for animals.
- (2) Mitu protectd her dog by hugging and sitting besides him when children burst crackers.
- (3) Mitu needed the old blankets and clothes so that she could make a comfortable place for them to stay in.

- (2) National consciousness is important because it leads to the country progressing and people living happily in the country.
- (3) National consciousness gives rise to other feelings like shared values, culture and identity in the citizens.
- (4) The country will progress economically by manufacturing and exporting goods.
- (5) No, it is not necessary to be a freedom fighter to be nationally conscious. Yes, a general citizen has the same feelings.



Life Skills

(To be done by students.)



Enrich Yourself

What will you do as a person who has national consciousness?

- (1) Ask the boy not to stamp the flag and explain him its importance.
 - (2) Tell them about the history of every historical place.
 - (3) Stop him from writing on the walls and explain him why he shouldn't be doing such a thing.
-

8

Being a Gentleman: A Matter of Choice

Gentlemanliness



Time to Link

A. Answer the following questions:

- (1) A gentleman is a person who is kind, considerate and respectful towards others.
- (2) Vinay's punctuality and good management makes him dependable in office.
- (3) Vinay treats people politely.
- (4) Vinay showed courage by intervening and saving the puppy who was hurt by a man.
- (5) Vinay dresses up in neat and ironed clothes.

B. Say True or False:

- (1) False (2) False (3) False (4) True (5) True



Think and Answer

Discuss and answer the following questions:

- (1) From Vinay's story we learn about gentlemanliness.
- (2) Swami Vivekananda said to the British person that, "in your culture, a tailor makes a gentleman; but in ours, a character makes a gentleman."
- (3) No, It is not right to tease girls as shown in movies.
- (4) Being courteous and respectful are some gentlemanly qualities I would like to imbibe in myself.
- (5) Yes, I will help someone in need without having any benefits.



Life Skills

(To be done by students.)



Enrich Yourself

What will you do in the following situations?

- (1) Help the lady in crossing the road.
- (2) Help the kitten get freed.
- (3) Help teacher carry few of her books.
- (4) Help them.

9 Stay Clean Stay Healthy Cleanliness



Time to Link

A. Answer the following questions:

- (1) Cleanliness isn't just keeping yourself clean, but also keeping your environment clean and tidy.
- (2) Reena's job was to educate people on the benefits of cleanliness.
- (3) In the village of Sonret, Reena found dirt and garbage thrown everywhere on the streets.
- (4) People in Sonret were sick because of their unclean surrounding.
- (5) Reena's solution to the villagers was to generate compost by disposing kitchen waste on one side and a separate place for the other waste to be disposed.

B. Say True or False:

- (1) False (2) True (3) True (4) True (5) False



Think and Answer

Discuss and answer the following questions:

- (1) From this story we learn to keep our house as well as our surrounding clean.
- (2) Cleanliness is important because it helps to keep the earth clean.
- (3) Cleanliness includes daily baths, clean clothes and a clean environment.
- (4) No, it is not possible for just one person to keep the environment clean.
- (5) By reducing plastic and making use of reusing and recycling materials we can keep the air clean.



Life Skills

(To be done by students.)

10 A Sympathetic Gentleman Sympathy



Time to Link

A. Answer the following questions:

- (1) Sympathy comes from the Greek word – Syn which means joint and pathy means to feel. Sympathy means to feel the same feeling that the other person is going through.
- (2) Raju worked in a large store.

- (3) Raju was a poor boy and had to support his and his brother's education.
- (4) Mr. George felt sympathy for Raju because he was hardworking, polite and helped all customers well.
- (5) Mr. George helped Raju by paying his fees.

B. Choose the right answer :

- (1) a. feeling bad for others and their situation and wanting to help.
- (2) b. Raju who worked in his store.
- (3) a. help Raju everytime they could.
- (4) b. poor but smart boy who worked hard.
- (5) b. George had helped Raju during the most difficult time in his life.



Discuss and answer the following questions:

- (1) From this story we learn to express sympathy towards the person who is suffering.
- (2) Sympathy comes from the Greek word - Syn which means joint and patly means to feel.
- (3) Sympathy is important because it creates a good bonding and love amongst people.
- (4) To express sympathy, listen to the person who is suffering. Try and understand their problems just giving a hug or letting the person know you are there for them is good enough.
- (5) If a person is having a problem and when we connect with them, they feel the sympathy. This itself is a big boon and helps a lot with stress and depression.



(To be done by students.)

11 An Extraordinary Girl Self-respect



A. Answer the following questions:

- (1) Self-respect is a feeling of confidence and pride in onself.
- (2) Yasmin stayed quiet because everyone commented, laughed and teased her in class.
- (3) Ketan kept teasing Yasmin.
- (4) Yasmin wanted to be like Mahima with lovely silky hair and no spectacles.
- (5) The teachers and Principal were proud of Yasmin as she had won the first prize in the 'Science Experiment' competition.
- (6) Yasmin understood her own worth when she won the first prize for 'Science Experiment' competition and when everybody congratulated her.

B. Say True or False:

- (1) True (2) True (3) True (4) False (5) True



Discuss and answer the following questions:

- (1) From this story we learn about having self-respect.
- (2) Yes, self-respect is a necessary value for everyone.

- (3) People should have self-respect so that others respects him too.
- (4) Having faith in your own values and being true to your own self, can develop self-respect.
- (5) No, a person should not lose their self-respect if they fail because trying to do something well is half the battle won.



Life Skills

(To be done by students.)



Enrich Yourself

(To be done by students.)

12

Staying Responsible

Loyalty to Duty



Time to Link

A. Answer the following questions:

- (1) Loyalty to duty means to go above and beyond to complete something.
- (2) Someone can be loyal towards their duty by being dedicated and responsible.
- (3) People lax in being loyal towards their duties as they feel that someone else might do it for them.
- (4) Ruby should switch of the lights in the class room to show her commitment to her duty.
- (5) The motorman Roopak showed loyalty towards his duty by bearing the pain and reaching the destination. This saved the lives of the passengers.

B. Say True or False:

- (1) False (2) True (3) False (4) True (5) True



Think and Answer

Discuss and answer the following questions:

- (1) From this story we learn to be loyal towards our duty.
- (2) Loyalty towards duty is important as it shows the responsibility and trustworthiness of a person.
- (3) The work gets easier and gets done sooner if everyone is responsible and completes their duties on time.
- (4) Doctor, policeman, soldier, teacher, etc., are a few professions where a strong sense of duty is required.
- (5) Is it not necessary to be loyal and fulfil duties only on certain days.



Life Skills

(To be done by students.)



Enrich Yourself

(To be done by students.)