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3

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1

Our Elders

Reverence for Old Age

**Time to Link****A. Answer the following questions:**

1. Our grandparents and parents are our elders.
2. Raj and his mother help Mrs. Mohan with her groceries and vegetable shopping and her daily chores.
3. Janhvi learnt from the ladies at the old age home by visiting them often and listening to them carefully.

B. Say True or False:

1. False 2. True 3. True 4. True 5. False

**Life Skills**

(To be done by students.)

**Enrich Yourself****What will you do if? Tick your choice.**

1. You have a bad cough but want to go out for ice cream. Your grandmother says no. What do you do?
 - listen to her as she knows better.
 - go out anyway and eat ice cream.
2. An elderly man is feeling tired and sitting on a bench where you are playing. He looks unwell. What do you do?
 - offer him water and tell an adult to help him.
 - continue playing loudly.

3. Your grandparents have come for a visit. What do you do?
 - be with them, make their trip memorable and spend time together.
 - ignore them.
4. An old aunty you see around, has dropped her bag on the street. Her things are lying around. What do you do?
 - laugh at her.
 - help her to pack.

2

Regularity Makes You a Winner

Regularity

**Time to Link****A. Answer the following questions:**

1. Regularity is the key to perfection.
2. Bunty made regular efforts by following the time table given by his father and working on all subjects everyday.
3. When Bunty became focussed and regular he scored well in the next exam.

B. Say True or False:

1. True 2. True 3. False 4. True 5. True

**Life Skills**

(To be done by students.)

Enrich Yourself

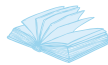
Which of these activities should you do regularly. Colour the circle.



3

The Brave Daughter

Equality



Time to Link

A. Answer the following questions:

- When men and women get equal opportunities it is known as gender equality.
- Veena faced the problems of not being educated and working in the field.

- Veena achieved her dreams by studying hard and opening her own school in the village.

B. Fill in the blanks:

- girls
- night
- future
- strong
- books

Life Skills

(To be done by students.)

Enrich Yourself

Find words in the grid below:

R	E	S	P	E	C	T	H	S	G	F
E	Q	U	A	L	A	F	D	B	R	A
S	D	E	A	F	N	J	L	O	A	I
K	A	T	J	U	S	T	G	Y	E	R
M	L	C	Z	R	I	G	H	T	S	Q
W	O	M	E	N	D	G	I	R	L	T
A	W	V	H	U	G	E	N	D	E	R
E	D	U	C	A	T	E	K	C	Q	I

4

Mastering your Emotions

Self-Control



Time to Link

A. Answer the following questions:

- Leo can be in control of his habits by not playing games but studying. His habit is bad for him because he will loose his concentration on his studies.

2. A good way to solve fights is by controlling emotions and sorting out fights in a calm and peaceful manner.
3. Self-control is important because it helps us make the right decisions.

B. Say True or False:

1. True 2. False 3. True 4. True 5. True



(To be done by students.)



Circle the sentences you must say. Cross the ones which show a lack of self-control.

I am sorry Let's talk about this ~~Hey! How dare you?~~

~~Let's fight!~~ I need some time to think

~~No way! I won't be your friend~~

We can work it out Let me not eat too much at once.

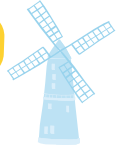
I must make my prioritie clear

~~Let me play some more games on my iPad~~

~~I can do homework later, now I'll play~~

I must work on a timetable and study well.

5 A Beautiful Life Simple Living



A. Answer the following questions:

1. A simple life means to have less wants and needs.
2. In the small village, Nisha along with her parents went around to see the place.
3. The village life is a simple life because the people there make sure they are happy with all that they have.

B. Fill in the blanks:

1. Goa 2. water 3. car 4. simple 5. calves and hens



(To be done by students.)



Tick the pictures that shows simple living.



6

A Good Turn

Helpfulness

**Time to Link****A. Answer the following questions:**

1. Ruth helped John by picking up the newspaper bundles that fell off his cycle.
2. John helped Ruth by finding her ID card and handing it to her so that she could write her examination.
3. Ruth's helpful nature benefit her by giving her a great gift. Someone had gone out of the way to make sure she wouldn't have a problem.

B. Choose and tick (✓) the right answer:

1. Ruth was a very
 - helpful girl.
 - rude girl.
2. Ruth and her mother
 - would talk a lot.
 - help out John as much as they could.
3. John wanted to help out Ruth because
 - she was a kind and helpful girl and helped him.
 - he wanted her to learn about helpfulness.
4. When Ruth reached school, she looked for
 - her special ID.
 - her tiffin box.
5. When John found Ruth's ID card
 - he drove away without doing anything.
 - he told her mother and took it to the school.

**Life Skills**

(To be done by students.)

**Enrich Yourself****How will you help in these situations?**

1. Help the girl to find her parents by informing the police authorities.
2. Help the old lady to rescue her pet cat.
3. Help your friend by lending her a pencil.
4. Help the stranger by picking up his hundred rupee note and giving it to him.

7

Well Mannered 'Subhash'

Good Manners

**Time to Link****A. Answer the following questions:**

1. Good manners means treating everyone with respect and being helpful and polite to them.
2. The good manners that Subhash had was being helpful, kind and respecting others.
3. Subhash helped the old man by helping him to stand and showing his concern towards him.

B. Say True or False:

1. False
2. False
3. True
4. True
5. True



Life Skills

What will you do when:

- ☆ You Sneeze: **Excuse me**
- ☆ Someone gifts you something: **Thank you**
- ☆ You meet your teacher in the morning: **Good morning**



Enrich Yourself

Read the sentences below and imagine each situation. Tick the boxes below to show good manners. Cross the boxes to show bad manners.

1. Saying polite words.
2. Hitting others when they don't listen to you.
3. Keeping the taps closed when not in use.
4. Eating with your mouth closed.
5. Helping others in need.
6. Spilling the food all around while eating.
7. Staying well dressed.



A Forgiving Nature

Forgiveness



Time to Link

A. Answer the following questions:

1. Forgiveness is to forgive someone for their mistake which makes them feel better.

2. To say sorry Anju handed her favourite doll to Neelu. She felt sad because of her mistake.
3. Neelu and Anju learned the power of forgiveness.

B. Choose and tick (✓) the right answer:

1. Anju was Neelu's
 - little sister who loved to follow her.
 - friend who didn't listen to her.
2. To colour Neelu wanted
 - her new set of crayons.
 - an old set of crayons since Anju was there.
3. To say sorry Anju,
 - offered a chocolate to Neelu.
 - offered her favourite doll to Neelu.
4. Anju's mistake was that
 - she didn't share the crayons.
 - she broke all the crayons.
5. Neelu's grandmother explained
 - that Neelu should not share anything with Anju.
 - that forgiveness is important.



Life Skills

(To be done by students.)



Enrich Yourself

(To be done by students.)



Time to Link

A. Answer the following questions:

1. The children were disappointed in the library because the books were not in good condition and this spoiled their fun and learn excursion.
2. Others had torn out the pages, scribbled in them and made drawings on existing photographs to the books in the library.
3. People spoil the monuments and public spaces in India by throwing garbage and littering the places.

B. Say True or False:

1. False 2. True 3. True 4. False 5. True



Life Skills

(To be done by students.)



Enrich Yourself

(To be done by students.)



Time to Link

A. Answer the following questions:

1. Courtesy is doing unto others what you would like them to do unto you.

2. Rukshar's mother showed courtesy by preparing and giving food to the new neighbours.
3. The phrases that were used by Rukshar's mother and Rukshar that show that they are courteous are, "Please don't apologize" and "The pleasure is ours. Please don't hesitate to call us for anything you might need. Treat our house as your own".

B. Match columns:

- | | | |
|-------------------------------------|---|--------------|
| 1. When you meet someone | • | a. Thank you |
| 2. When someone is leaving | • | b. Please |
| 3. When you want something | • | c. Hello |
| 4. When you want to interrupt | • | d. Good bye |
| 5. When someone gives you something | • | e. Excuse me |



Life Skills

Write four qualities that courteous people have.

- | | |
|------------|----------------|
| ☆ Kindness | ☆ Helpfull |
| ☆ Polite | ☆ Sympathizing |



Enrich Yourself

How will you be courteous in the following situations?

1. I will say, "Thank you".
2. I will say, "Hello".
3. "Hello, It's been a pleasure to have met you".
4. I will say, "Good morning".
5. I will say, "Sorry".